

OCTOBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Milk is included with all menus	All Breakfasts include fruit or juice			1 BR: Cinnamon Mini L: Hot Dog, Swt. Potato Fries, Baked Beans, Applesauce	2
3	4 BR: Yogurt, Cereal L: Meatball Sub, Tri Tater, Green Beans, Peaches	5 BR: Rice Krispie Bar, Cereal L: Chicken Nuggets/Bun, Fr. Fries, Baked Beans, Pears	6 BR: Cereal Bar, Cereal L: Egg McMuffin, Hash Brown, Juice, Cinnamon Mini	7 BR: Bun, Cheese Stick L: Pizza, Lettuce, Mand. Oranges, Broccoli	8 NO SCHOOL	9
10	11 BR: Poptart, Cereal L: Beef Patty/Bun, Fr. Fries, Baked Beans, Pears	12 BR: Mini Pancakes L: Taco, Refried Beans, Bread Stick, Mand. Oranges	13 BR: Cereal Bar, Cereal L: Drum Stick/Bun, Mashed Potatoes/Gravy, Corn, Peaches	14 BR: Yogurt, Cereal L: Hoagie, Chips, Broccoli, Applesauce	15 BR: Muffin, Cereal L: Pulled Pork/Bun, Swt. Potato Fries, Green Beans, Pineapple, Cookie	16
17	18 BR: Rice Krispie Bar, Cereal L: Chicken Patty/Bun, Gems, Baked Beans, Pineapple	19 BR: Breakfast Bread L: Nacho's, Refried Beans, Bread Stick, Fresh Oranges	20 BR: Granola Bar, Cereal L: Hamburger Noodle Casserole, Bread Stick, Green Beans, Tropical Fruit	21 BR: Cocoa Puff Bar, Cereal L: Hamburger, Chips, California Blend, Strawberries	22 NO SCHOOL	23
26	25 BR: Poptart, Cereal L: Meatloaf/Bun, Mashed Potatoes/Gravy, Corn, Mixed Fruit	26 BR: Long John L: Chicken Fajita, Spanish Rice, Cauliflower & Broccoli, Pears	27 BR: PB&J L: Hot Ham & Cheese, Fr. Fries, Broccoli, Pineapple	28 BR: Rice Krispie Bar, Cereal L: Chili, Fritos, Cheese Bread Stick, Mand. Oranges	29 BR: Cereal Bar, Cereal L: Hot Dog/Bun, Swt. Potato Fries, Green Beans, Peaches	30
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